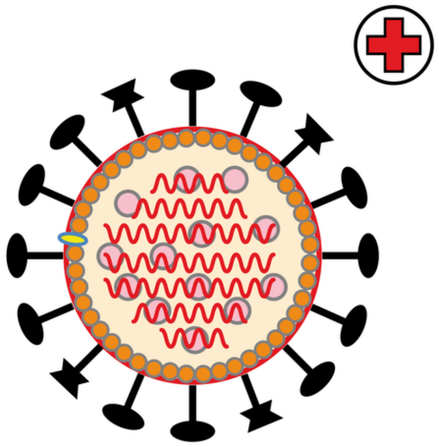
MIRADA de AMOR

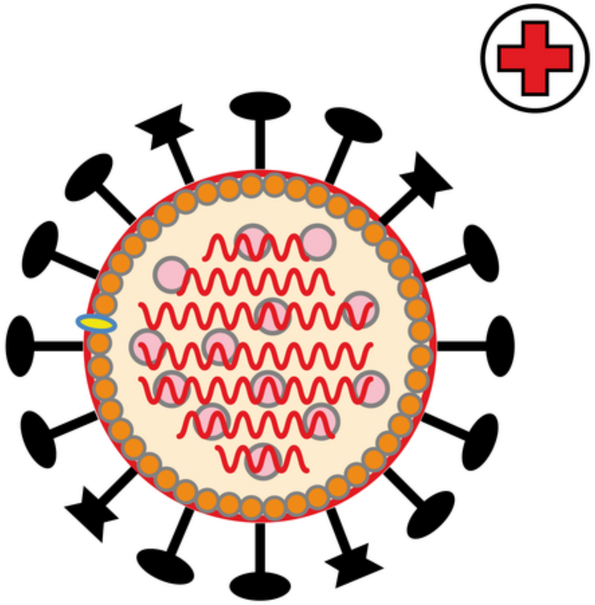
MINISTERIOS NAZARENOS DE COMPASIÓN

hablemos del coronavirus

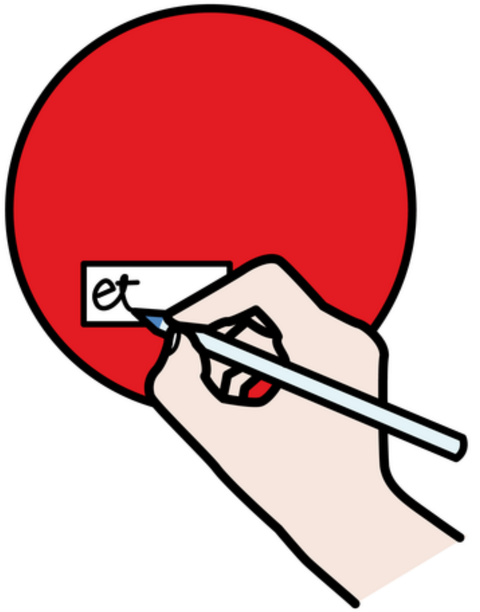


hola, hoy hablaremos de porqué estamos en casa durante todos estos dias

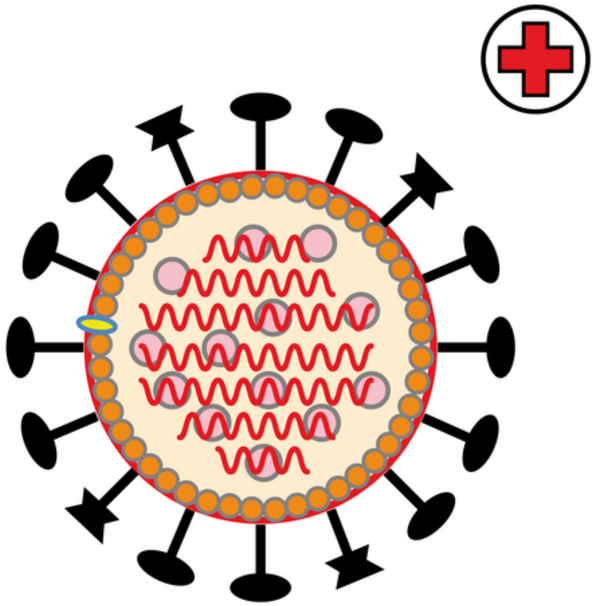
hay un virus que se llama



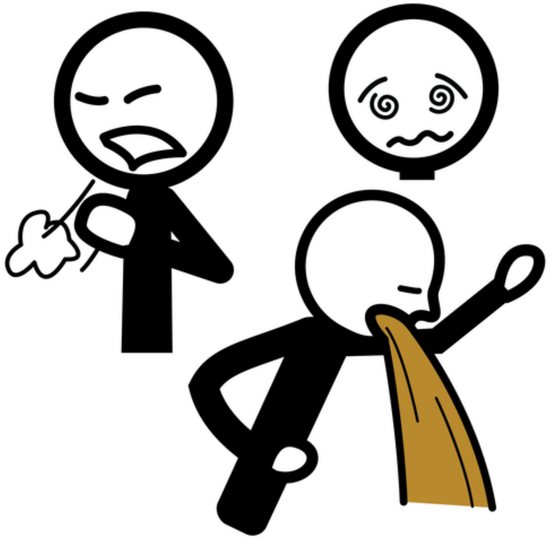
coronavirus



o covid - 19



el coronavirus



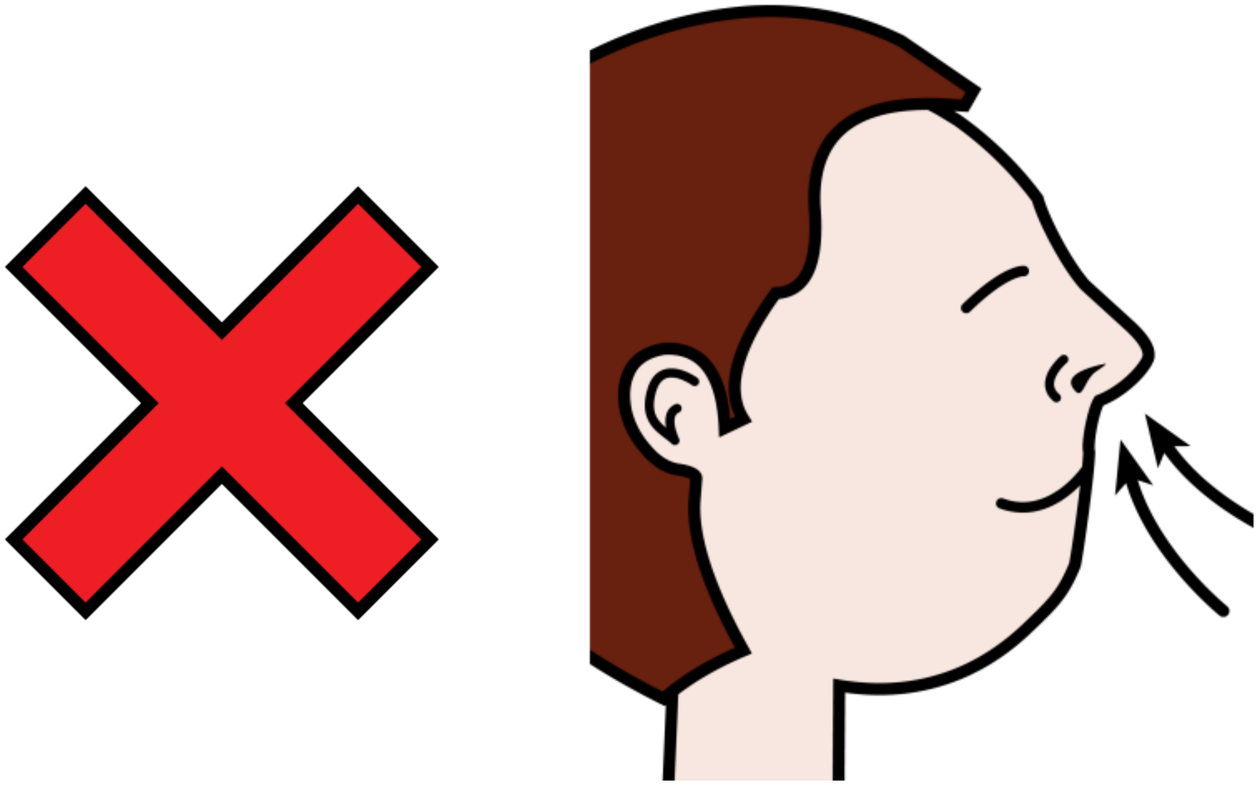
tiene sintomas

fiebre

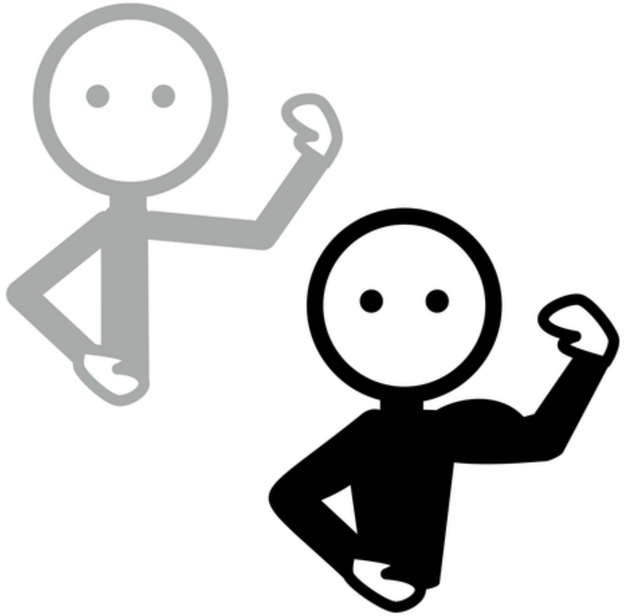
tos

dolor de cabeza

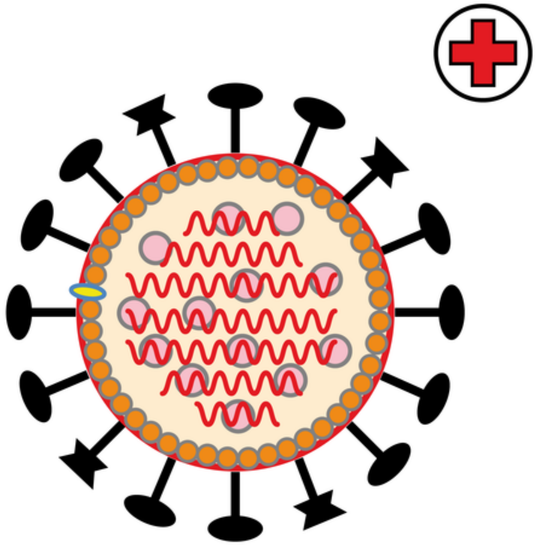
dolor de garganta



no poder respirar

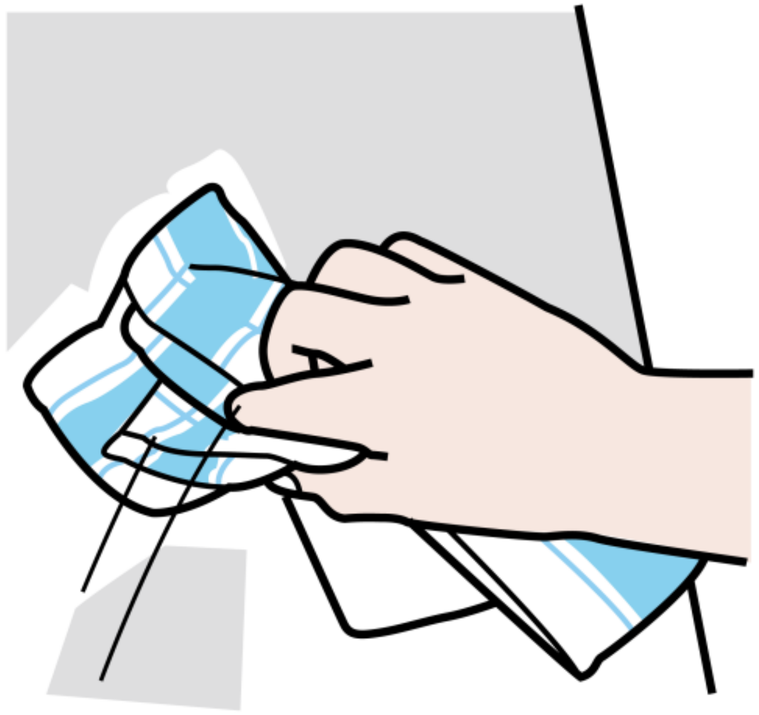


cómo podemos protegernos

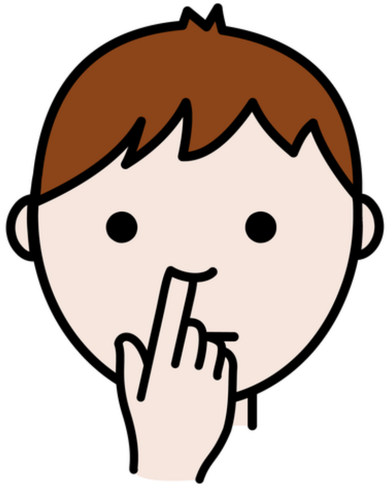


del coronavirus

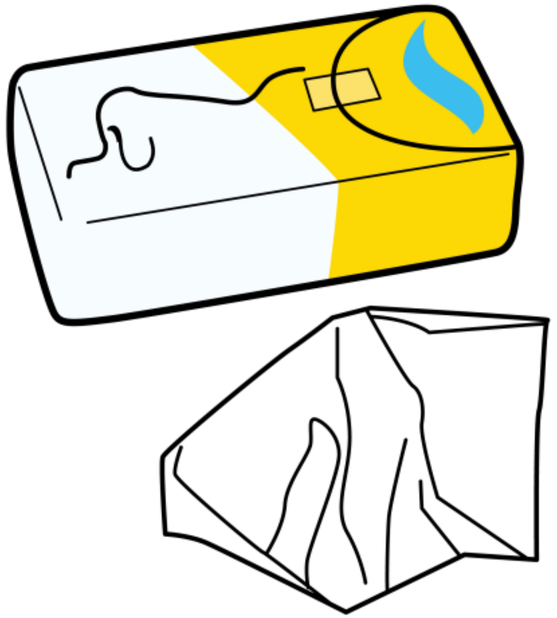
lavar nuestras manos con jabón o ocupar alcohol gel



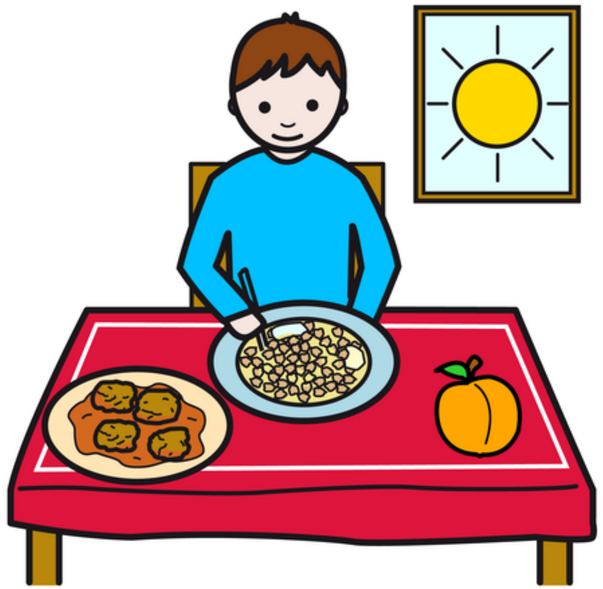
ayudar a desinfectar y limpiar en nuestra casa nuestros muebles

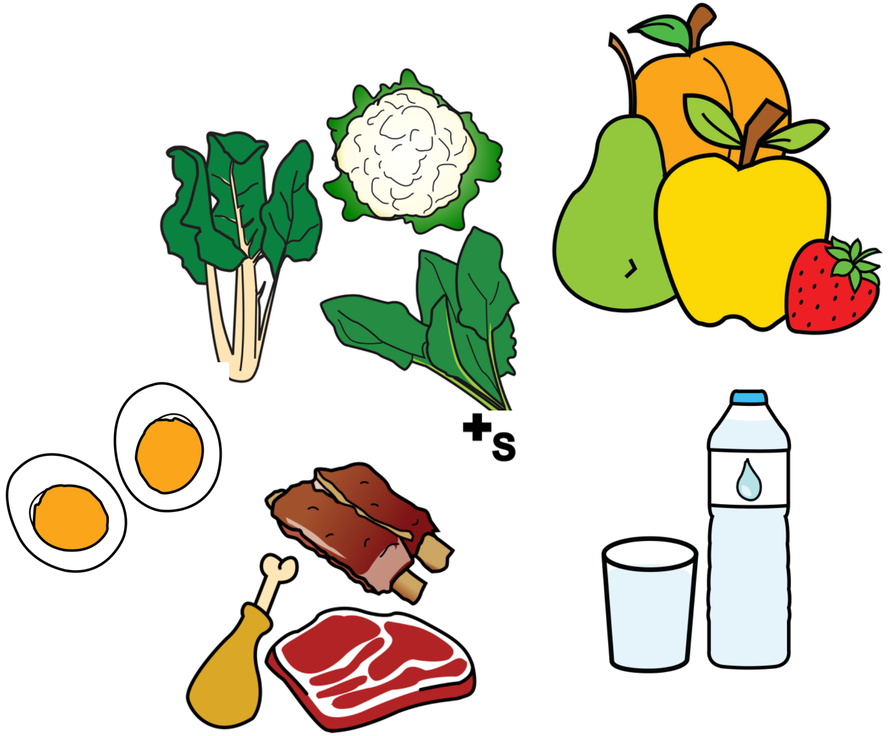


no tocar nuestras boca, nariz y ojos



usar confort o pañuelos desechables para sonarnos



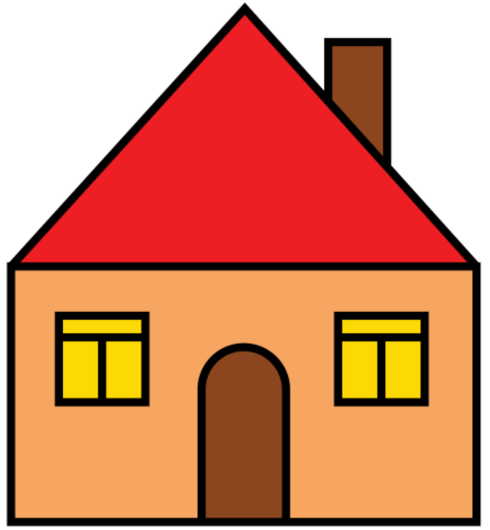


alimentándome saludablemente y tomando agua

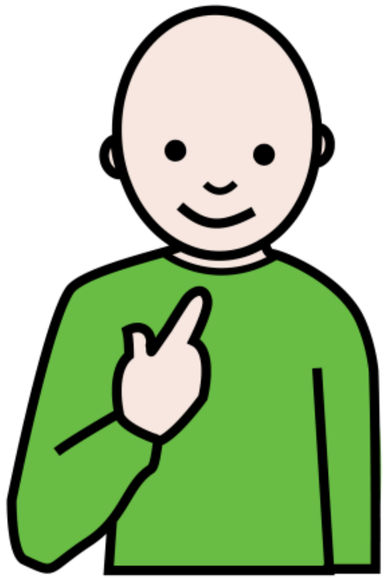
manteniéndome en movimiento

no

saliendo



de casa



Si tú te cuidas, también cuidas a tu familia

Material elaborado por el ministerio Mirada de Amor de Chile

hablemos de...

MINISTERIOS
NAZARENOS DE
COMPASIÓN