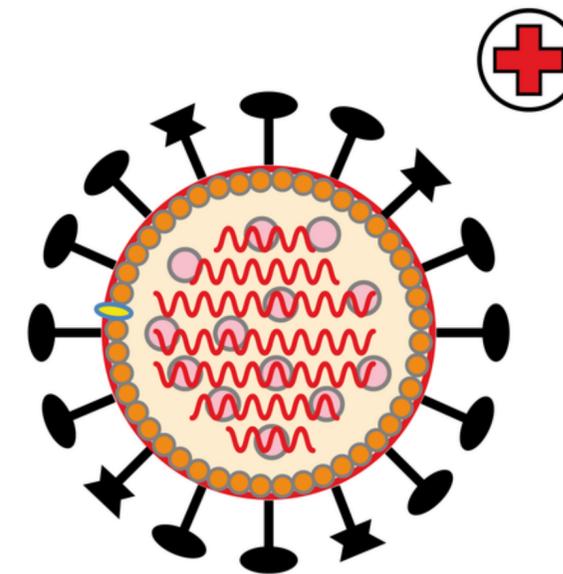




vamos falar sobre  
o coronavirus

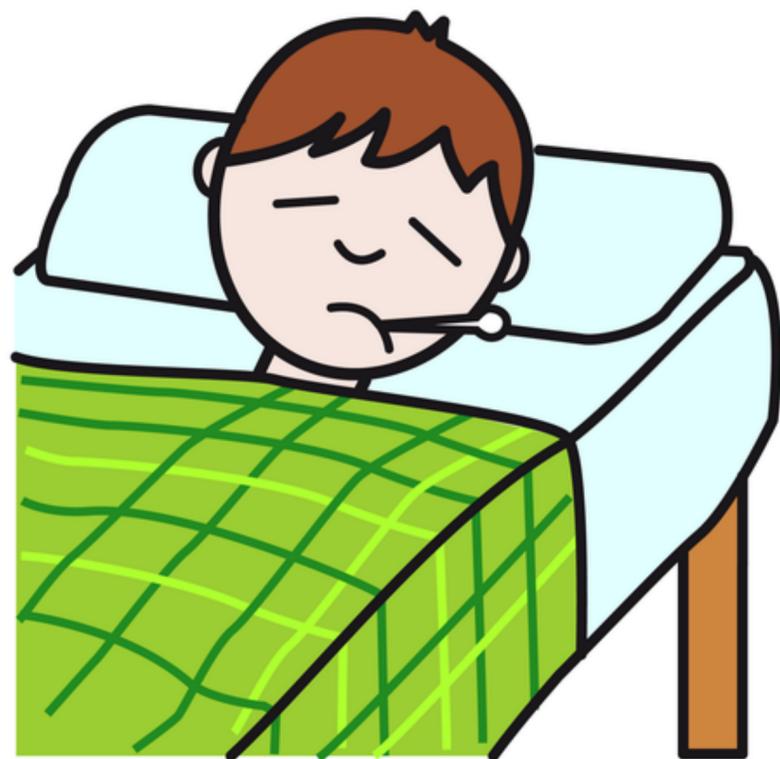


MINISTÉRIOS  
NAZARENOS DE  
COMPAIXÃO

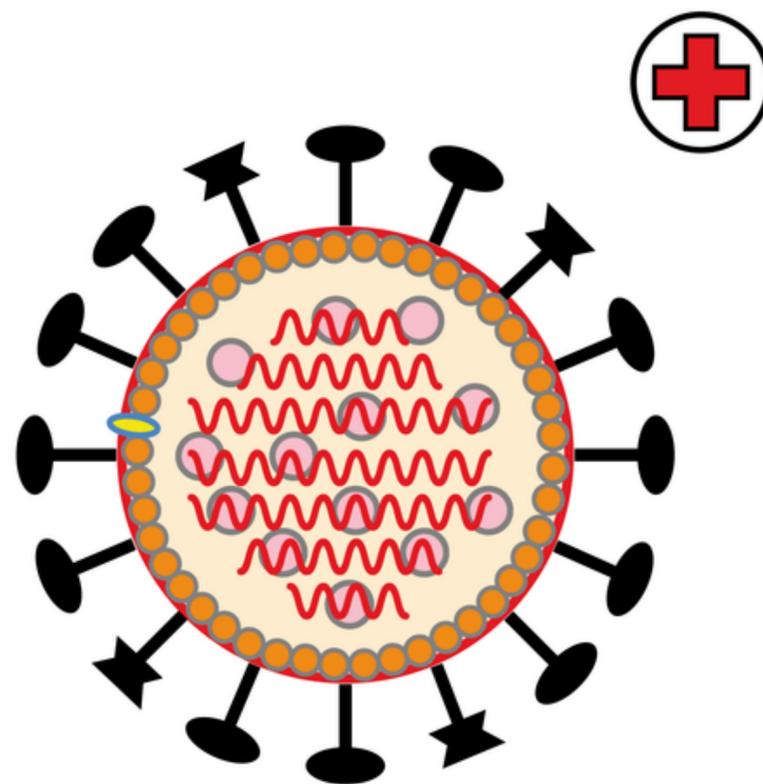




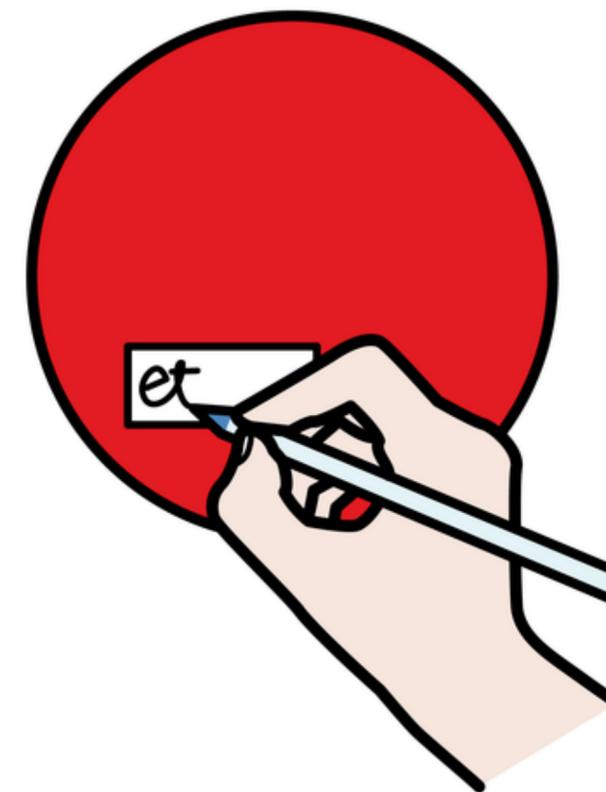
olá, hoje vamos falar  
sobre o porquê de estarmos  
em casa todos estes dias



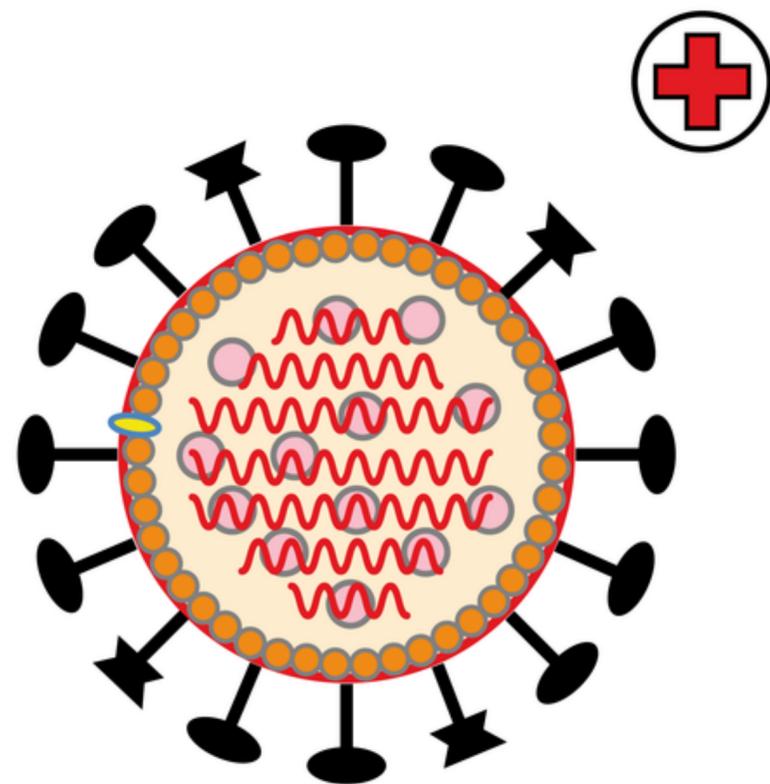
há um vírus chamado



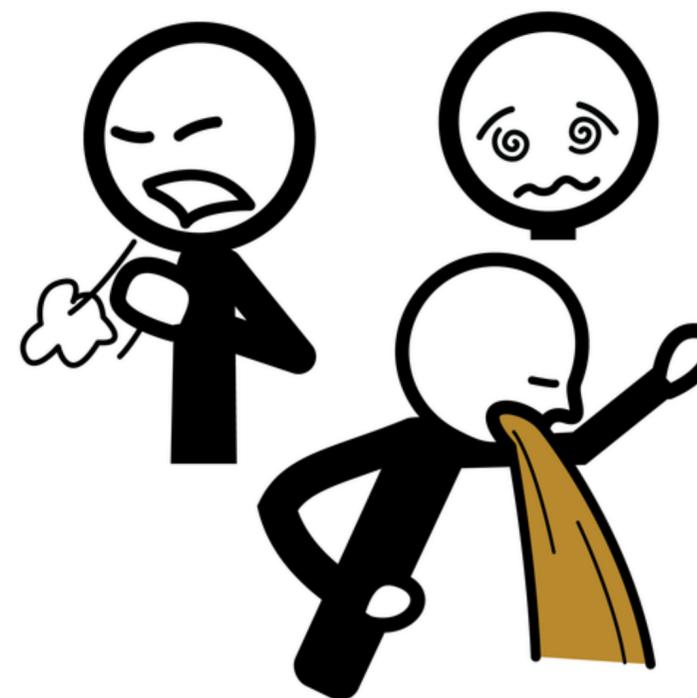
coronavirus



o covid-19



o coronavirus



tem sintomas



febre

tosse

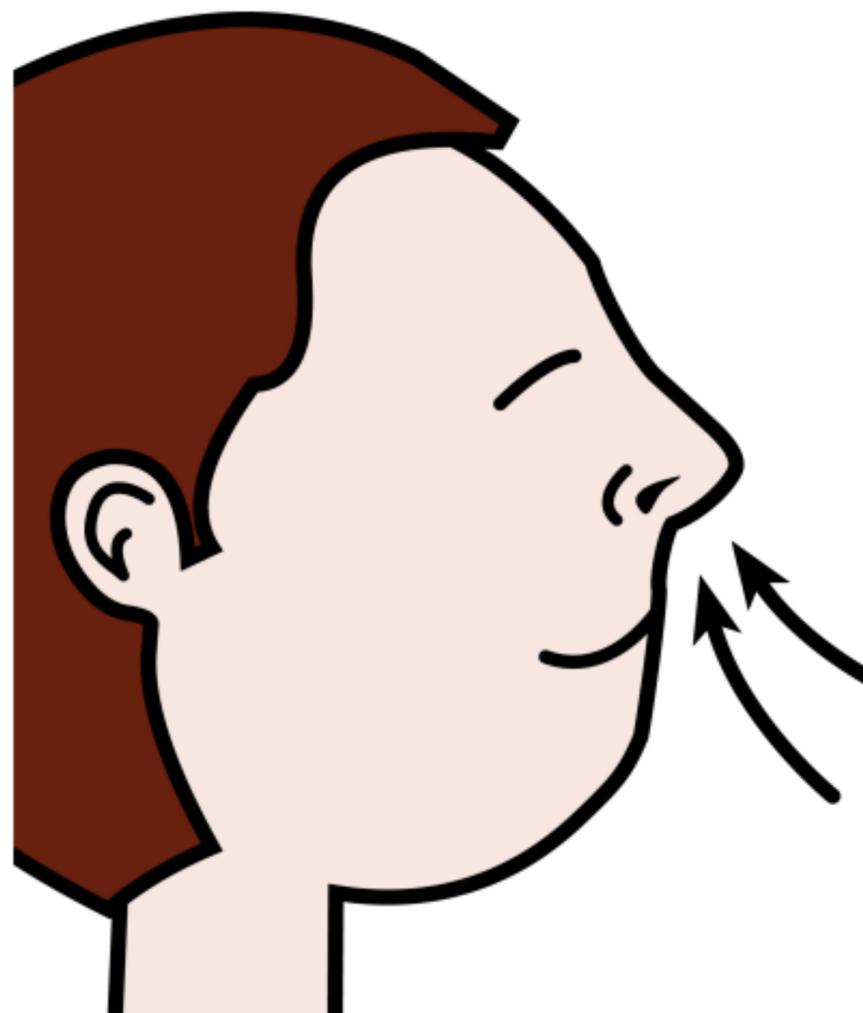
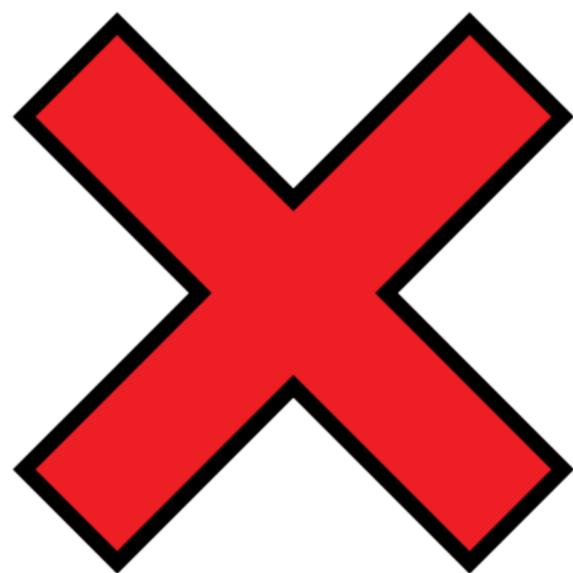




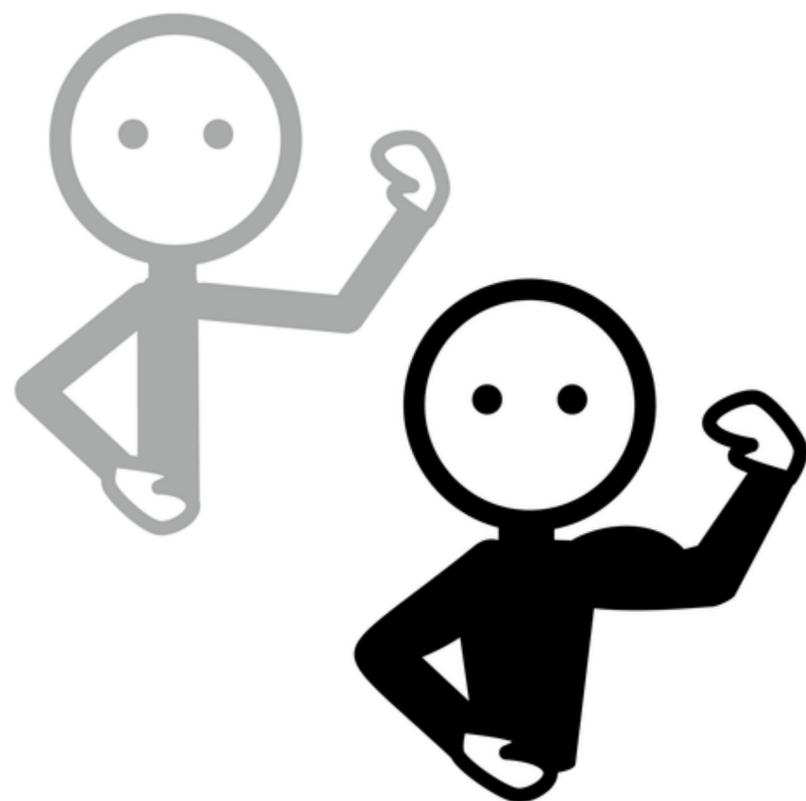
dor de cabeça

dor de garganta

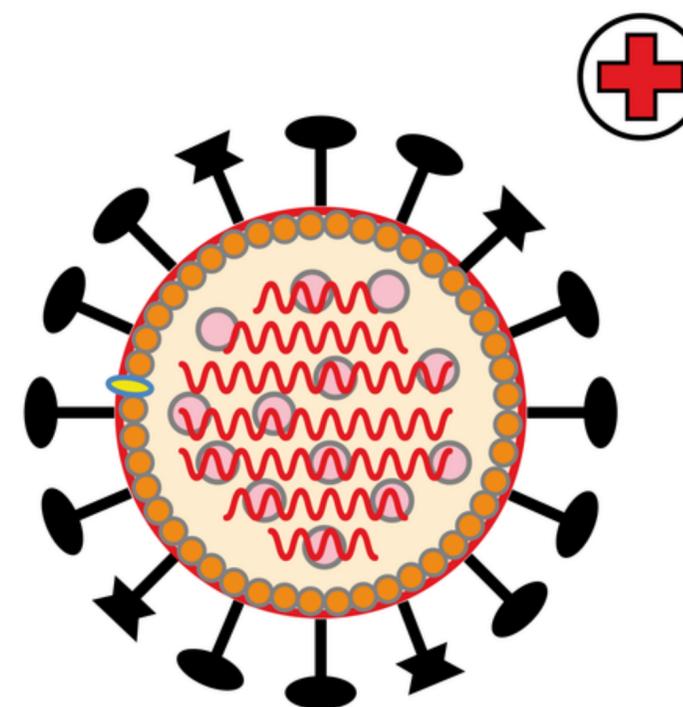




dificuldade  
em respirar



COMO podemos nos proteger



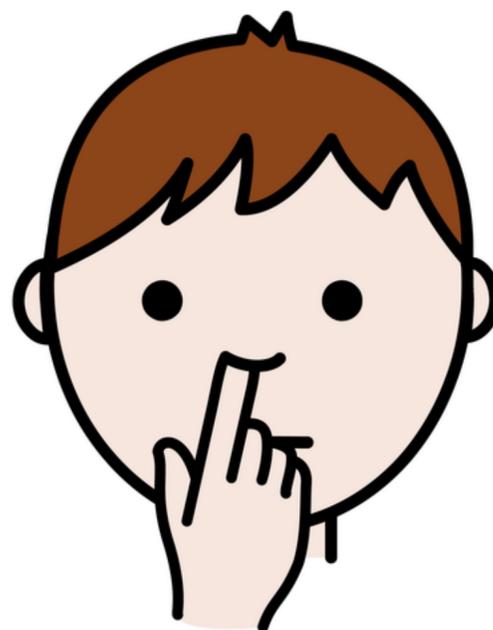
do coronavirus



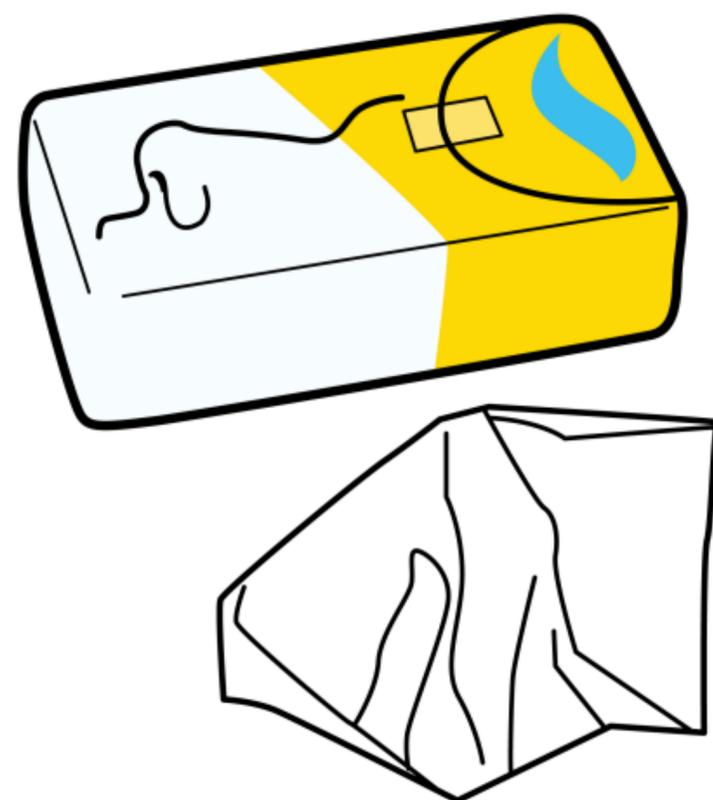
lavar as nossas mãos com sabão ou usar álcool gel



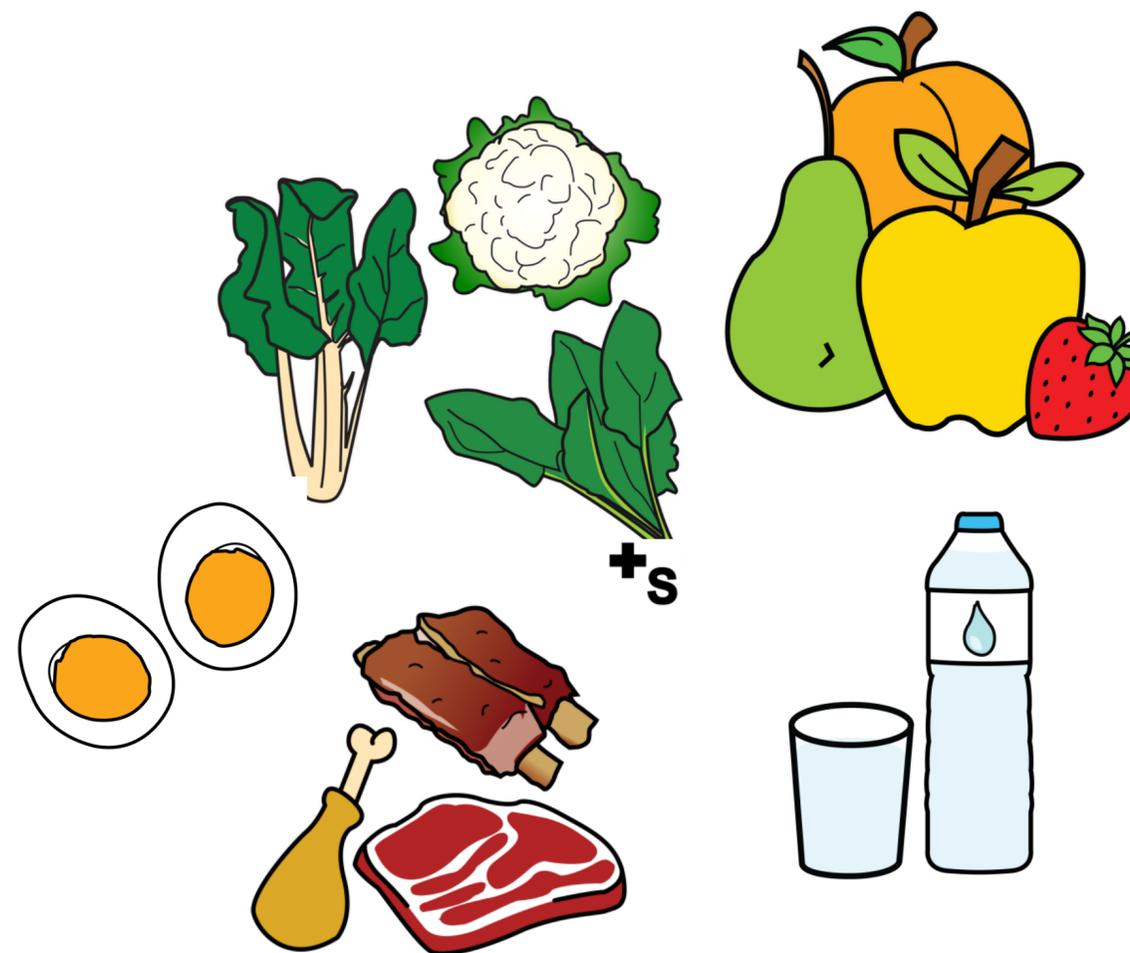
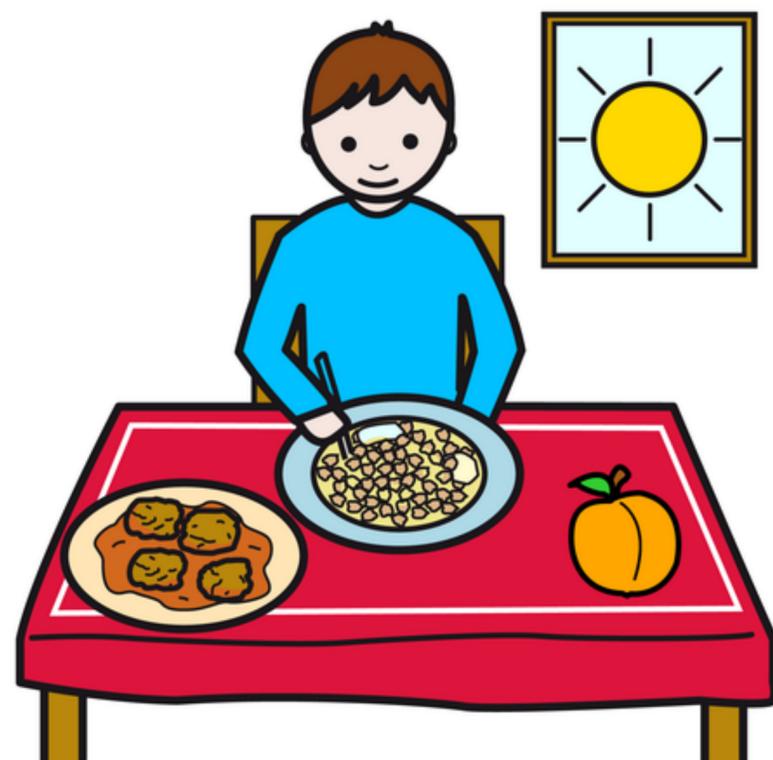
ajudar a desinfectar e limpar os móveis em nossa casa



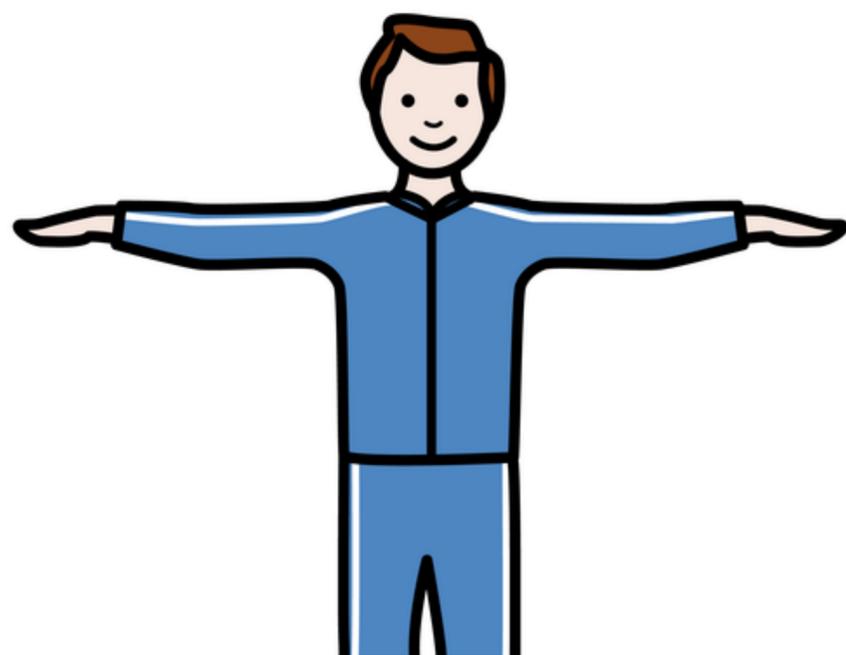
não tocar na boca, nariz e olhos



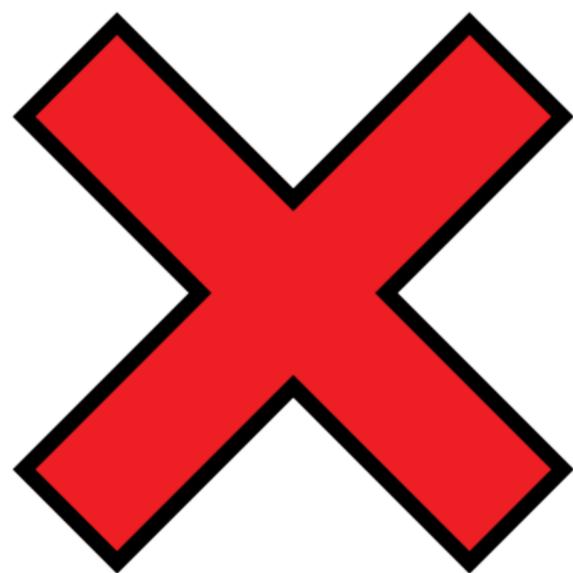
usar lenços de papel para assoar o seu nariz



alimentar-se bem e bebendo água



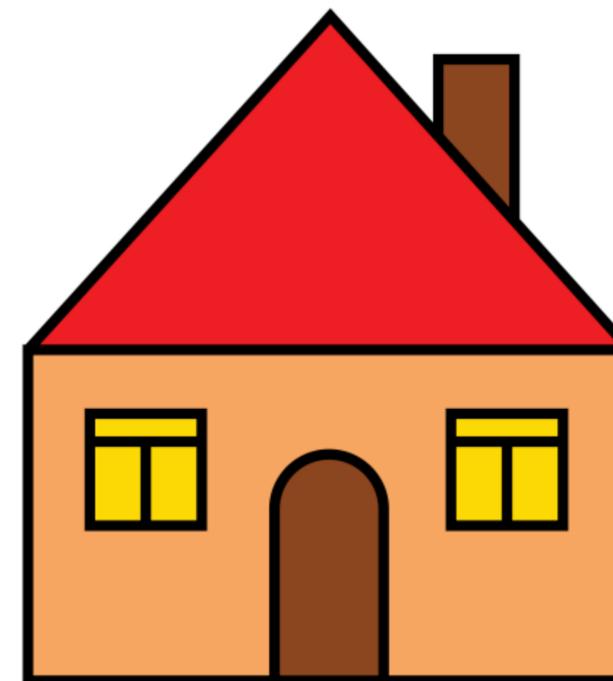
fazer exercicios



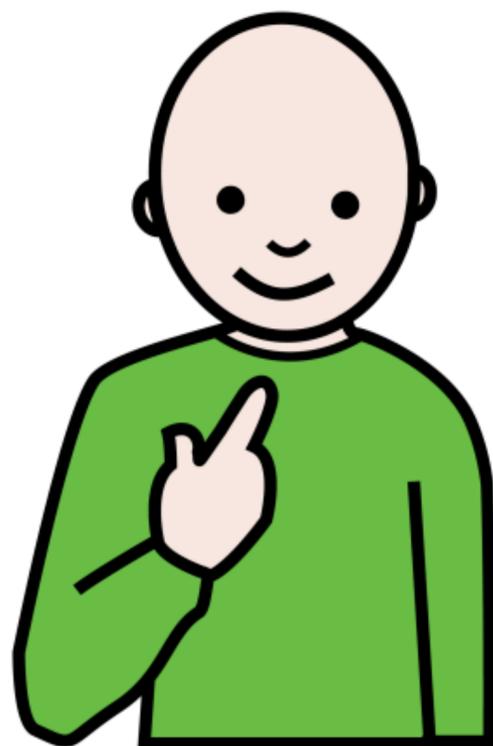
não



saindo



de casa



se você cuida de si mesmo, também está cuidando da sua família

Material elaborado pelo ministério Mirada de Amor do Chile



falaremos sobre...



MINISTÉRIOS  
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COMPAIXÃO